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Shy U.S. Intellectual Created Playbook Used in a Revolution

By [SHERYL GAY STOLBERG](#)

BOSTON — Halfway around the world from Tahrir Square in Cairo, an aging American intellectual shuffles about his cluttered brick row house in a working-class neighborhood here. His name is [Gene Sharp](#). Stoop-shouldered and white-haired at 83, he grows orchids, has yet to master the Internet and hardly seems like a dangerous man.

But for the world's despots, his ideas can be fatal.

Few Americans have heard of Mr. Sharp. But for decades, his practical writings on nonviolent revolution — most notably "[From Dictatorship to Democracy](#)," a 93-page guide to toppling autocrats, available for download in 24 languages — have inspired dissidents around the world, including in Burma, Bosnia, Estonia and Zimbabwe, and now Tunisia and Egypt.

When Egypt's April 6 Youth Movement was struggling to recover from a failed effort in 2005, its leaders tossed around "crazy ideas" about bringing down the government, said Ahmed Maher, a leading strategist. They stumbled on Mr. Sharp while examining the [Serbian movement Otpor](#), which he had influenced.

When the nonpartisan [International Center on Nonviolent Conflict](#), which trains democracy activists,

slipped into Cairo several years ago to conduct a workshop, among the papers it distributed was Mr. Sharp's "[198 Methods of Nonviolent Action](#)," a list of tactics that range from [hunger strikes](#) to "protest disrobing" to "disclosing identities of secret agents."

Dalia Ziada, an Egyptian blogger and activist who attended the workshop and later organized similar sessions on her own, [said trainees were active in both the Tunisia and Egypt revolts](#). She said that some activists translated excerpts of Mr. Sharp's work into Arabic, and that his message of "attacking weaknesses of dictators" stuck with them.

Peter Ackerman, a onetime student of Mr. Sharp who founded the nonviolence center and ran the Cairo workshop, cites his former mentor as proof that "ideas have power."

Mr. Sharp, hard-nosed yet exceedingly shy, is careful not to take credit. He is more thinker than revolutionary, though as a young man he participated in lunch-counter sit-ins and spent nine months in a federal prison in Danbury, Conn., as a conscientious objector during the Korean War. He has had no contact with the Egyptian protesters, he said, although he recently learned that the [Muslim Brotherhood](#) had "From Dictatorship to Democracy" posted on its Web site.

While seeing the revolution that ousted [Hosni Mubarak](#) as a sign of "encouragement," Mr. Sharp said, "The people of Egypt did that — not me."

He has been watching events in Cairo unfold on CNN from his modest house in East Boston, which he bought in 1968 for \$150 plus back taxes.

It doubles as the headquarters of the [Albert Einstein Institution](#), an organization Mr. Sharp founded in 1983 while running seminars at Harvard and teaching political science at what is now the [University of Massachusetts](#) at Dartmouth. It consists of him; his assistant, Jamila Raqib, whose family fled Soviet oppression in Afghanistan when she was 5; a part-time office manager and a Golden Retriever mix named Sally. Their office wall sports a bumper sticker that reads "Gotov Je!" — Serbian for "He is finished!"

In this era of [Twitter](#) revolutionaries, the Internet holds little allure for Mr. Sharp. He is not on [Facebook](#) and does not venture onto the Einstein Web site. (“I should,” he said apologetically.) If he must send e-mail, he consults a handwritten note Ms. Raqib has taped to the doorjamb near his state-of-the-art Macintosh computer in a study overflowing with books and papers. “To open a blank e-mail,” it reads, “click once on icon that says ‘new’ at top of window.”

Some people suspect Mr. Sharp of being a closet peacenik and a lefty — in the 1950s, he wrote for a publication called “Peace News” and he once worked as personal secretary to A. J. Muste, a noted labor union activist and pacifist — but he insists that he outgrew his own early pacifism and describes himself as “trans-partisan.”

Based on studies of revolutionaries like Gandhi, nonviolent uprisings, civil rights struggles, economic boycotts and the like, he has concluded that advancing freedom takes careful strategy and meticulous planning, advice that Ms. Ziada said resonated among youth leaders in Egypt. Peaceful protest is best, he says — not for any moral reason, but because violence provokes autocrats to crack down. “If you fight with violence,” Mr. Sharp said, “you are fighting with your enemy’s best weapon, and you may be a brave but dead hero.”

Autocrats abhor Mr. Sharp. In 2007, President [Hugo Chávez](#) of Venezuela denounced him, and officials in Myanmar, according to diplomatic cables obtained by the anti-secrecy group [WikiLeaks](#), accused him of being part of a conspiracy to set off demonstrations intended “to bring down the government.” (A year earlier, a cable from the United States Embassy in Damascus noted that Syrian dissidents had trained in nonviolence by reading Mr. Sharp’s writings.)

In 2008, Iran featured Mr. Sharp, along with Senator [John McCain](#) of Arizona and the Democratic financier [George Soros](#), in an animated propaganda video that accused Mr. Sharp of being the [C.I.A.](#) agent “in charge of America’s infiltration into other countries,” an assertion his fellow scholars find ludicrous.

“He is generally considered the father of the whole field of the study of strategic nonviolent action,” said Stephen Zunes, an expert in that field at the University of San Francisco. “Some of these exaggerated stories of him going around the world and starting revolutions and leading mobs, what a joke. He’s much more into doing the research and the theoretical work than he is in disseminating it.”

That is not to say Mr. Sharp has not seen any action. In 1989, he flew to China to witness the uprising in Tiananmen Square. In the early 1990s, he sneaked into a rebel camp in Myanmar at the invitation of Robert L. Helvey, a retired Army colonel who advised the opposition there. They met when Colonel Helvey was on a fellowship at Harvard; the military man thought the professor had ideas that could avoid war. “Here we were in this jungle, reading Gene Sharp’s work by candlelight,” Colonel Helvey recalled. “This guy has tremendous insight into society and the dynamics of social power.”

Not everyone is so impressed. As’ad AbuKhalil, a Lebanese political scientist and founder of the [Angry Arab News Service blog](#), was outraged by a passing mention of Mr. Sharp in The New York Times on Monday. He complained that Western journalists were looking for a “Lawrence of Arabia” to explain Egyptians’ success, in a colonialist attempt to deny credit to Egyptians.

Still, just as Mr. Sharp’s profile seems to be expanding, his institute is contracting.

Mr. Ackerman, who became wealthy as an investment banker after studying under Mr. Sharp, contributed millions of dollars and kept it afloat for years. But about a decade ago, Mr. Ackerman wanted to disseminate Mr. Sharp’s ideas more aggressively, as well as his own. He put his money into his own center, which also produces movies and even a video game to train dissidents. An annuity he purchased still helps pay Mr. Sharp’s salary.

In the twilight of his career, Mr. Sharp, who never married, is slowing down. His voice trembles and his blue eyes grow watery when he is tired; he gave up driving after a recent accident. He does his own grocery shopping; his assistant, Ms. Raqib, tries to follow him when it is icy. He does not like it.

He says his work is far from done. He has just submitted a manuscript for a new book, “Sharp’s

Dictionary of Power and Struggle: Terminology of Civil Resistance in Conflicts,” to be published this fall by Oxford University Press. He would like readers to know he did not pick the title. “It’s a little immodest,” he said. He has another manuscript in the works about Einstein, whose own concerns about totalitarianism prompted Mr. Sharp to adopt the scientist’s name for his institution. (Einstein wrote the foreword to Mr. Sharp’s first book, about Gandhi.)

In the meantime, he is keeping a close eye on the Middle East. He was struck by the Egyptian protesters’ discipline in remaining peaceful, and especially by their lack of fear. “That is straight out of Gandhi,” Mr. Sharp said. “If people are not afraid of the dictatorship, that dictatorship is in big trouble.”

Andrew W. Lehren contributed reporting from New York, and David D. Kirkpatrick from Cairo.

This article has been revised to reflect the following correction:

Correction: February 17, 2011

An earlier version of this article misspelled the surname of Gene Sharp's assistant. Her name is Jamila Raqib, not Raquib.



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